



October

ST. PAUL'S EPISCOPAL CHURCH

775-358-4474

www.StPaulsSparks.org

Sunday Worship Information

10:00 a.m. In-person and on Zoom
Holy Communion Service

St. Paul's Episcopal Church
(1135 12th Street)
P. O. Box 737
Sparks NV 89432

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Senior Warden Report



Welcome October!

My, the year is going by so quickly!

There are several events coming up in October. A delegation will be attending the Diocesan Convention of the Episcopal Church in Nevada from October 9-11. Your representatives are Kathie Dixon, Margaret Bouzek, John Hannah and Peggy Hannah. Rev. Rick will also be attending. On Sunday October 12, Canon Rick O'Brien will preach and preside. Rev. Rick is the bishop's assistant called "Canon to the Ordinary".

All Saints Day will be celebrated on Nov. 2. There will be a book for you to record the names of the saints in your life so that they may be remembered on this day.

The vestry has asked 4 members of the parish to participate in preparing a parish profile. They hope to complete their work by mid-October. Then our "Rector Search" request will be posted nationally by Bishop Elizabeth. Please continue to pray for our new rector.

Several of us attended the Empty Bowls event to raise funds for the Community Food Pantry. Please continue to support this ministry as you are able. The need is great.

Margaret Bouzek
Senior Warden

Help Wanted

The Projection Team needs a few more volunteers to run the slide show during services. Training is provided for this important yet fun task to make our worship a success. Please see Tim Miller if you are interested.

The Technology Team invites interested people to join in making sure we have the right equipment for projection. You will be trained in

the tasks. Please see Tim Miller or John Hannah for more information.

Blessing of the Pets



Sat.,
Oct. 4,
at 10:00
a.m.

St. Francis Day, Sat., October 4 at 10:00 AM
They're the first at the door to greet us when we come home. They make us smile at the end of a long day. They become such a part of our lives we count them as family. They are, of course, our pets!

Whether you own dogs, cats, gerbils, iguanas, or parakeets, bring them to St. Paul's back garden for a brief service Saturday, October 4 at 10:00 AM, and an individual blessing from the priest. Horses and cows may be problematic, but if you can roll them into the parking lot in a trailer, we will come out and bless them too! If your child has a special stuffed animal they would like blessed, please bring them along! If your pet cannot attend, bring a picture on your phone — They will get a blessing too.

Invite your friends and neighbors too! Neither they nor their cats or dogs need be Episcopalian.

We recommend bringing cats in carriers and all dogs should be on leashes. We follow the same rule with our animal congregants we do with the human ones: No congregants are allowed to bite or chase one another.

We know the grief at the loss of a pet can be devastating. If you are experiencing this, please bring us a picture of your pet or write its name on a slip of paper. We have a special blessing for them and for you.

Breakfast Potluck in the Parish Hall

Where: **In the Parish Hall**

When: **Sunday, Oct 5, 2025 from 8:30 to 9:30 am**

How: **Bring a breakfast dish to share (Coffee and Juice provided)**

Who: **Everyone!**

Please mark your calendar for a potluck breakfast on **Sunday October 5, at 8:30 am** in the Parish Hall. We will kick off our Fall Pledge Campaign with a brief presentation about the history of St. Paul's. There will also be an opportunity for everyone to share their personal history and memories (such as when you or your family first came to St. Paul's, baptisms, etc.) Please bring a breakfast dish to share. For questions, contact Jon Mittelstadt at jon.mittel@gmail.com or 775-722-3469.

Diocesan Convention

Would you like to help at the Diocesan Convention? We have been asked to help serve breakfast on Saturday October 11th. If you are available, please contact Margaret Bouzek at Margaret.bouzek@gmail.com

Love God, Love God's World

We have a small Creation Care ministry at St. Paul's. We search for ways to show our love for God through acts of love towards God's world. Everyone is welcome to participate in this outreach.

Recently we adapted Ardmore Park in Sparks (across the street from the church). Twice a year we will give the park a thorough cleaning as an outward and visible sign of our love for God's nature in the world.

We usually meet on the second Sunday of the month, after worship, in the youth room. Please join us on October 12th if you have ideas, questions or just want to listen in.

Mike M.
Robin T

Trunk or Treat



Yes... It's Wednesday!!!
Saint Paul's Episcopal Church
Trunk or Treat Wednesday
October 29th 6:00 - 7:30 PM
Where: Church Parking Lot
1135 12th St Sparks, NV 89431

UNITED THANK OFFERING 2025 NOVEMBER 2

St. Paul's United Thank Offering Ingathering will be on Sunday, November 2. During the service the UTO Boxes and Envelopes will be collected with the Offerings and presented at that time. So please bring your blue boxes with you on the 2nd. If you would prefer to write a check to represent the coins collected, envelopes are provided in the Narthex for that purpose. The checks should be made out to St. Paul's Episcopal Church with a notation for UTO. Offering grants for 2025-2026 will be awarded for areas of ministry that "welcome the stranger as Jesus would in our midst." If you have any questions, please call Kathie Dixon 775-846-9751.

All Saints' Day: November 2nd

This is a time when we remember our family and friends who have died. The All Saints' book is on a stand at the back of the church on the north side. Please clearly print the full names of those you wish to remember on that day.

Better yet, you can email the names to office@stpaulssparks.org and we will write them in there for you.

California Bluegrass Reunion Band in Concert at St. Paul's

Thu, Nov 13 7:00 PM – 9:30 PM

Doors open at 6:30pm Children 12 & under are free. Students 13 & over with Student ID, \$15
REMEMBER - NNBA MEMBERS USE YOUR MEMBER NUMBER IN THE DISCOUNT CODE BOX AT CHECKOUT FOR A 20% DISCOUNT.
Refreshments (including beer and wine) available. To purchase tickets please visit:
www.nnba.org/events

Thanksgiving Potluck

Thanksgiving is fast approaching, if you would like to coordinate the potluck this year, please reach out to Margaret Bouzek 775-232-4712 or Margaret.bouzek@gmail.com.

Why is Gratitude called a “Practice”? THE REV. RICK MILLSAP, PRIEST

After playing cello for fifteen years, I noticed... I'm getting better. Slowly but surely, Bach is sounding a little more like Bach, and a little less like Weird Al Yankovich. Folk wisdom tells us it takes roughly 1,000 hours of practice to get good at something, whether it is playing cello, knitting, or learning to surf.

Why then, I wonder, do we tend to think our spiritual lives are any different? The trick, I think, is practice. We all have times of suffering in life, and if we wait until we reach an especially rough patch, it is a tough time to try and develop our gratitude muscles. Here are some gratitude suggestions you can start now:

- Pray before meals. It does not have to be long or fancy. Just give thanks for what you are about to receive. You can find model prayers in the Book of Common Prayer on p. 835.
- Create some Gratitude Triggers. Associate some kind of everyday activity with gratitude. In my case, it is the closing of my garage door. I cannot tell you how many times I drove one block and hard to turn around because I could not remember if I had closed my garage door. So, I created a gratitude trigger. Every day when I leave my home. I stop while the garage door is closing to pray about things for which I am grateful. There! Garage door closed and gratitude expressed — two birds, one stone. You can set up a trigger for when you wash your hands — take time to remember your baptism and be grateful. Set up a trigger when you arrive home to be grateful for your home.

- Express your Gratitude. Make it a point once a day to mention something for which you are grateful to someone else. It can be especially meaningful for them if your gratitude is for them or something they have done.

- Bedtime Gratitude. During the day, whatever your prayer practice, we ask for many things, we pray for others. Make it a practice at bedtime to say, “Thank you.” You might be worried about your old car, but at bedtime the prayer would be, “Thank you that I have a car.”

As you increase your Gratitude practice, you will get better at it, no surprise. In a short time, your Gratitude muscles will get stronger, and you will find you have a more grateful attitude toward everything and everyone in your life.

Worship Leader Schedule

The current worship Leader schedule can be found at www.StPaulsSparks.org under the ministries tab.

Donate Your Old Computers

The Lion's Club is taking donations of old retired but usable Windows computers as well as old broken computer equipment. Working computers will be repurposed for those in need and the broken ones will be recycled.

You can bring these computers to the church for pickup by Dick Schori. If you have questions, contact him at richard.schori@gmail.com.

St. Paul's Prayer Team

Please call or email a prayer request to Rita at honda07rita@gmail.com or 775-971-4775.

Prayer requests for your special people will be on for about 2 months unless you need a longer date. Your special people will be lifted to our Lord each day. Thank you for the privilege of praying for you and your special people.

Want Something in the Newsletter?

Email it to Office@StPaulsSparks.org by the 25th each month.