



March

ST. PAUL'S EPISCOPAL CHURCH

1135 12th Street
PO Box 737
Sparks, Nevada 89432
775-358-4474
www.StPaulsSparks.org

The Rev. Kirk A. Woodliff, Rector

The Rev. Mike Patterson
Assisting Priest

The Rev. Chip Arnold,
Assisting Priest

The Rev. Hal Woomer, Jr.
Assisting Priest

The Rev. Jody Lediard
Assisting Priest

The Rev. Mike Margerum, Deacon

The Rev. Linda Smith, Deacon

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WHO ARE WE?

St. Paul's is a reconciling, affirming, and inclusive Christian community. No matter where you are on your journey of faith, you belong here. Our understanding of belonging extends to those who are single, married, divorced, separated, or partnered. Belonging here has no boundaries of age, race, ethnicity, culture, gender, sexual orientation, economic condition, physical or mental ability. We believe that God delights in the diversity of creation and so do we. You are worthy, so come as you are.

From the Pile on Fr. Kirk's Desk...



Lent is upon us. It is an intentional time of self-examination, repentance, forgiveness and reconciliation. As Bishop Steven Charleston recently put it, we are in need of a time of intentional breathing...we breathe in the Holy

Spirit and breathe out the things that are bad for us.

You might also see it as breathing in the Love of God and then breathing out (fasting from) the things in your life that are not compatible with God's love.

As you move through the Lenten season, take time for self-examination (intentional breathing in the Spirit). When we do, each of us will discover things in our lives that are not compatible with the love Jesus taught and lived. As you breathe out, let go of those things and forgive yourself and forgive others...this will make for a Holy Lent.

Kirk

Irish Band on March 13th

We are having an Irish Band on Friday, March 13th. The name of the band is Ceili Band, which is a traditional Irish gathering for fun, fellowship and laughs. The music will be from 6-8 and we will be having green food and green drinks. More information to follow on prizes. Tickets will be \$15.00 for adults and children 18 and under are free. Come and join the fun!

Stations of the Cross

Each Thursday during Lent, The Stations of the Cross (The Way of the Cross) will be offered from 5:30 p.m. to 6:00 p.m. This service moves the participants around our worship space (Nave), listening to and experiencing the scriptures from the arrest of Jesus to his crucifixion.

Things to give up for Lent

Bitterness – This only hurts ourselves.

Worry – Worrying can't solve anything.

Resistance to Change – Change is certain.

Pride – Pride creates blindness to the world.

Small View of God – Don't tell God how big your problem is, tell your problem how big your God is.

Ungratefulness – You have been blessed in a way greater than you realize.

Fear of Failure – You don't succeed without experiencing failure. Just make sure you fail forward.

Your Comfort Zone – It's outside our comfort zones where new discoveries are made.

Feelings of Unworthiness – You are fearfully and wonderfully made by your creator.

Impatience – God's timing is the perfect timing.

Comparison – Comparison destroys happiness.

Blame – Blame is the discharging of discomfort, pain, and anger. It has an opposite relationship with accountability. Begin to take responsibility for your actions.

Over Commitment – Do less better and accomplish more.

Apathy – Life is too short not to care.

Hatred – Do not be overcome by evil, but overcome evil with good.

Perfection – Strive for excellence, not perfection. When you seek perfection you are doing so to please others, not yourself.

Trying to Fit in – Try being yourself instead.

Next Baptismal Days: April 11 & 12

Are you or a loved one seeking the Sacrament of Holy Baptism? If so, contact Fr. Kirk at 358-4474 or Kirk@StPaulsSparks.org.

Our next baptismal days will be Easter Vigil, April 11th, and Easter Day, April 12th.

Easter Candy

Individually Wrapped Candy Donations **Needed by Sunday, April 5 for Annual** **Easter Egg Hunt**

The Easter Egg Hunt will be held on **Easter Sunday, April 12th**, immediately following the 9 AM service in the Garden. Children ages toddler through 5th grade are invited to participate. The EYC will be filling the plastic Easter eggs. Please bring **individually wrapped candy** to the church by the April 5.

If you would like to take home some of the plastic eggs, fill them with individually wrapped candy and then bring them to the church before Easter Sunday, that is also appreciated. Thank You!

Death of Steve Geerlings

Steve died at home on February 27th from esophageal cancer. Please keep Becky and the family in your prayers. If you want to send Becky a note, you can at 6836 Voyage Dr. Sparks, NV 89436 or by email at rgeerlings617@icloud.com.

Death of Rita Reigel

Some of you may remember Rita. Rita was the parish secretary at St. Paul's for many years prior to Robin joining us. Rita died in January of kidney disease. Please keep her husband Randy in your prayers. If you want to send Randy a note, you can at 6193 Clearbrook Rd, Effingham, SC 29541 or by email at Randy@Reigel.com.

Lenten Book Study

What: The Orthodox Heretic: And Other Impossible Tales by Peter Rollins

When: Sundays, Now through April 5th

Check the eblast for weekly assignments

Time: 3:00 p.m. to 4:30 p.m.

Where: St. Paul's Youth Room

Cost: The Book can be ordered from Amazon: Paperback \$19.99, Kindle \$8.69

In this bold book, Peter Rollins presents a vision of faith that has little regard for the institutions of Christendom. His uncompromising critique of religion, while often unsettling, is infused with a deep and abiding love for what it means to genuinely follow Christ.

Laundry Love

This once-a-month ministry helps people do their laundry so they can use their limited funds on medicine, rent, etc. Doing a load of laundry is expensive, so we continually collect quarters (or other \$\$ that we can turn into quarters). Monetary donations can either be handed to Linda Devon or designate it in an envelope and put it in the offering plate. If you have any questions or interest in helping with this ministry, contact Linda Devon at LSD4764@hotmail.com.



Prayers and Squares Ministry

Prayers & Squares meets in the Parish Hall on the 4th Saturday of each month, where quilts are cut out, sewed, and prayer threads inserted. Knowing how to sew is not necessary as there are many other tasks involved in making the quilts. When the quilts are completed, they are placed in the new Quilt Cabinet in the Narthex. Anyone can view and select a quilt for someone in need.

To request a quilt, contact Margaret Bouzek at margaret.bouzek@gmail.com, Peg Bibby at ragladypeg@att.net, the Parish Office, or any member of Prayers & Squares.

Thank you for your support.

Margaret Bouzek, Team Leader

Prayers of the People

Please help us keep our Prayer Chain List up to date. Let someone in the Prayer Chain Group or Robin in the office know each month if we are to continue to pray for your special people. Thank you.

Diane, Pat, Larry, Anne, Nanette, Philip, Ernest, Preston, Jameson Walker, Ella, Paul, Ryan, Alyson, Frank, Barbara, Jill, Steve, Ruthie, Marge, Dillon, Madeline, Vickie, Ken, Patti, Susan, Sue, Ruth, Hailey, Zac, Nolan, Ted, Sharon, Stan, Bonnie, Jaemie, Jeff, Mike, Brianna, Alyssa, Don, Michael, Eileen, Bengt, Connie, Lindsay, Rita, Randy, Natalie, Ron, Victoria, Debbie, Charlie, Sandy, Jan, Julia, Dave, Rori, Shanna, Val, Michelle's family, Ross, Jane, Keith, Cleta, Brad, Brennan, Bernie, Jim, Patsy, Deb, Elizabeth, Jazzy, Rachel, Veronica, Somchai & family, Carol, Rocky, Clayton, Judy, Hayden, Lizzie, Jeanette.

Military

Andrew, Ryan, Jeffrey, Sierra, Owen, Bria, Evanne, Alex, Suzanne, Mason, David, Paul, Roger, Shylo, Alberto, Tristan, Hunter.

Recovery Groups at St. Paul's

Mon, Tues, Fri: Spanish Ala-non @ 6:00 p.m.

Wednesdays: Women's AA @ 6:30 p.m.

Thursdays: Ala-Non Meeting @ 6:00 p.m.
Gam-anon Meeting @ 6:30 p.m.

Youth Group: EYC

EYC is an Episcopal Youth Community where all youth (and their friends) who are in grades 7-12 are invited to come and participate. The focus will be different each week, but you can count on whatever the EYC is doing it will stimulate our growth with God and with each other, and our growth in serving



Christ in the world. We invite you to come join us for food, fellowship and fun! If you are new to St. Paul's we welcome you to join us. If you have any questions, please contact Tia or Jon Mittelstadt at 775-722-3329 or by email at tia.mittel@gmail.com.

EYC will meet in the youth room from **10:15 AM until 12:15 PM** unless listed differently in the schedule. Please join us for the following activities:

March 1: No Meeting

March 8: **Daylight Saving-Set Your Clocks Forward** Blessing Bag Item Sorting

Meet in the youth room at 10:15 AM. We will sort all the Blessing Bag donations. We will also eat lunch.

March 15: Spring Break- No Meeting

March 22: Spring Break- No Meeting

March 29: Blessing Bag Assembly Day

Directly after the 9:00 AM service, we will be filling Blessing Bags in the Parish Hall. Parish members will be invited to make a few bags to put in their cars to hand out when needed. EYC members will be filling bags to give to Parish members who don't want to fill their own and to hand out downtown later. We will eat lunch also.

Capital Campaign To Launch Soon

St. Paul's will launch a capital campaign this spring to raise funds for critical repairs to our roof and parking lot. The campaign will start with a Kick-Off Party tentatively planned for a Sunday in April. Two goals of the campaign will be raising funds for our future and sharing a vision for how our infrastructure supports God's work. If you are feeling God's call to join the capital campaign team (a 9 month commitment), please contact chair Jon Mittelstadt at jon.mittel@gmail.com or 775 771 8356.

City of Sparks Candidate Forum

On Thursday, April 23, 2020, from 6 to 8 pm, St. Paul's will host a public, non-partisan forum ahead of the November elections. All Sparks City council candidates running for seats will be invited to this forum (Wards 1, 3 and 5 are up for election this year). County Commission District 4 candidates will also be invited. This forum is organized by ACTIONN (Acting in Community Together in Northern Nevada) and St. Paul's outreach committee. This will be an opportunity for the public to hear the candidates discuss their values and public policy positions and for the candidates to listen to what matters to us.

Do you belong to a social or service organization with members who live in Sparks? If you do, St. Paul's outreach committee requests you take flyers about this event to your organization and to invite the members to attend. Contact a member of the Outreach Committee or the church office for more information.

The Air We Breathe

Have you looked at the air you are breathing recently? That should be a stupid question. Air is invisible right? Well, in Truckee Meadows, the answer is often "Not so much".

Hi! My name is Alan Horvath. My wife Dodi and I have been coming to St Paul's since December. We moved here from Calaveras County, CA, last fall because of old age and poor health. We were used to few people and invisible air. We now live in University Heights and when you come down Socrates to McCarran what you see is the air between you and Circus Circus. Some days it is marvelously clear, but some days it is a gray cloud. So last November I started taking the same picture every day and posting them on a web site. It is an interesting study.

Sometime in January, I mentioned what I was doing to Father Kirk. He suggested I talk to the Outreach Committee. I did and they suggested I write a newsletter article. So here I am.

I have talked to enough people to know that there is no consensus on whether or not Reno has a smog problem. Some people are sure we have no such problem, and some people are equally sure we do. I haven't been here long enough to argue with you either way. What I do want to offer you is a source of information. www.fixrenosmog.com is a website you can go to and browse through the archive day by day starting in late November. To my mind it is not a pretty picture, but I come with my own set of experiences and prejudice which may be different than yours. So just look. Make your own decisions.

If you look and decide you do not like what you see, then I would like to offer you two other opportunities. First, this website is only a shell of what it could/should be. I am way over my head. If you have time and interest, I would love to have you participate in the building of this animal.

Second, I am convinced that it is possible and practical to address the pollution problem with electric cars. I have had one since 2016. I also have a Chevy pickup. I am an idealist, but not a fool. Electric cars are not ready to take on our entire transportation need. But take a look at the details on the website. You may decide an EV might fit in your family.

So that's my shtick. Hopefully you will look at the website. If you find it informative, hopefully you will tell your friends about it. If your interest takes you any further than that, I can be reached at support@fixrenosmog.com. I look forward to meeting you all in person.

Alan Horvath

Gratitude Corner

Verse: Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. *Colossians 3:16*

Gratitude Quote: "In ordinary life, we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich." *Dietrich Bonhoeffer*

Gratitude Exercise: Feeling angry or stressed? Do a quick gratitude inventory: Pause whatever you are doing, take a deep breath, and think of or say aloud three to five things you're thankful for in the moment. It could be family, birds singing, a cheaper cell-phone bill, etc. Thinking about these things can help you recover a feeling of gratitude.

Annual Easter Egg Hunt

Date: Easter Sunday, April 12

Time: Directly After the 9 AM
Worship Service

Where: In The Garden

Ages: Toddler through 5th Grade



Holy Week and Easter Worship

Palm Sunday, April 5, Regular times

Wednesday, April 8, Tenebrae, 6:00 p.m.

Maundy Thursday, April 9, 6:00 p.m.

Holy Communion with Foot Washing
and Stripping of the Altar

Good Friday, April 10,

Stations of the Cross, 12:15 p.m.

Good Friday Liturgy, 6:00 p.m.

Holy Saturday Liturgy, April 11, 9:00 a.m.

Easter Vigil, Saturday, April 11, 8:00 p.m.

Easter Sunday, April 12

9:00 a.m. Praise Service

10:15 a.m. Egg Hunt between services

11:00 a.m. Traditional Service with Choir

No 5:00 p.m. Service on Easter Sunday

Ministry Fair: Sunday, March 22nd

Before and in-between services. Come and see all the wonderful ministries happening at St. Paul's. You might even find one that speaks



to you. Lectors and Ushers are in need of helpers, so come and see if this is a ministry that might work for you.

If you are a ministry leader, we will set up on Saturday 3/21 from 9-11 am. Watch for an email with other details.

A lite breakfast will be served.

AARP Smart Driver Course

REFRESH YOUR DRIVING SKILLS

Take the AARP Smart Driver™ classroom course and you could save money on your car insurance. *Sign up today!*

CLASSROOM COURSE

\$15 for AARP members | \$20 for non-members

St. Paul's Episcopal Church

March 23, 2020

12:00 pm - 4:00 pm

Parish Hall

Entrance to Parish Hall is located on the south side of the building through the black iron gate to the left of the large wooden gates. Call Lorrie: 775-583-8208

AARP
Driver Safety

TOYOTA

This program is supported by a generous grant from Toyota to AARP Foundation.

* Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

Coming Events



March 2020

Sunday	Mar. 01, 2020	Outreach Meeting	12:30 pm
Sunday	Mar. 01, 2020	Book Study (<i>Sundays thru Apr. 5</i>)	3:00 pm
Monday	Mar. 02, 2020	UFO Days Sewing Event (<i>9 am to 5 pm</i>)	9:00 am
Tuesday	Mar. 03, 2020	UFO Days Sewing Event (<i>9 am to 5 pm</i>)	9:00 am
Wednesday	Mar. 04, 2020	UFO Days Sewing Event (<i>9 am to 5 pm</i>)	9:00 am
Thursday	Mar. 05, 2020	Stations of the Cross (<i>each Thurs. thru 4/2</i>)	5:30 pm
Saturday	Mar. 07, 2020	D.O.K.	10:00 am
Saturday	Mar. 07, 2020	<u>Spring Forward 1 Hour tonight – Day Light Saving starts 3/8</u>	
Sunday	Mar. 08, 2020	Book Study	3:00 pm
Monday	Mar. 09, 2020	Vestry Meeting	6:00 pm
Friday	Mar. 13, 2020	Meditation Days (<i>Buddhist Temple</i>)	9:00 am
Friday	Mar. 13, 2020	Irish Band, Celi Band	6:00 pm
Sunday	Mar. 15, 2020	Book Study	3:00 pm
Saturday	Mar. 21, 2020	D.O.K.	10:00 am
Sunday	Mar. 22, 2020	Parish Ministry Fair: Before and in between morning services	
Sunday	Mar. 22, 2020	Book Study	3:00 pm
Monday	Mar. 23, 2020	AARP Smart Driver Course	12:00 pm
Wednesday	Mar. 25, 2020	Epistle Deadline	12:00 pm
Thursday	Mar. 26, 2020	Laundry Love (<i>Oddie Blvd. Laundromat</i>)	6:00 pm
Friday	Mar. 27, 2020	Meditation Days (<i>Buddhist Temple</i>)	1:00 pm
Saturday	Mar. 28, 2020	Prayers & Squares	9:00 am
Sunday	Mar. 29, 2020	Book Study	3:00 pm

Recurring Events

Worship times, 9:00 a.m., 11:00 a.m. & 5:00 p.m.

Mid-Week Holy Eucharist Wednesday at 12:15 p.m.

EYC meets every Sunday @ 10:15 a.m. in the Youth Room

Rector's Sabbath is every Tuesday

Bible Study every Thursday @ 12:00 p.m.

Choir Practice 5:30 p.m. Wednesdays or (Check with your Team Leader)

Praise Team 7:00 p.m. on Wednesdays or (Check with your Team Leader)

AA (Women's group) meets Wednesdays at 6:30 p.m. to 7:30 p.m. in Parish Hall

Spanish Alanon group meets, Mon. Tues. & Fri. 6:00 p.m. to 7:30 p.m.

Alanon meets every Thursday at 6:00 p.m. to 7:00 p.m. in Parish Hall

Gam-anon meets every Thursday 6:30 p.m. to 8:00 p.m. in the Choir Room

Last Thursday of the Month, Laundry Love Ministry – Laundromat on Oddie Blvd. 6:00 p.m.

Food Pantry is open Wed. 10:00 a.m. to 12:00 p.m. & Saturday 9:00 a.m. to 11:00 a.m. **Unless otherwise noted**

St. Paul's Episcopal Church
(1135 12th Street)
P. O. Box 737
Sparks NV 89432

PLACE
STAMP
HERE

Phone: 775-358-4474

Fax: 775-313-0806

E-Mail: office@stpaulssparks.org

Web Site: www.stpaulssparks.org

Place Label Here



Sun., 9:00 a.m.	Holy Eucharist, Praise
Sun., 11:00 a.m.	Holy Eucharist, Traditional
Sun., 5:00 p.m.	Traditional Holy Eucharistic, No Music
Wed., 12:15 p.m.	Mid-Week Holy Eucharist